

TAMWORTH U3A AMBLING GROUP



September 2026. Exmoor ponies grazing in Sutton Park

Dear Amblers

Our next amble is at 10.30am on Tuesday, 6th October 2026 at Sutton Park, a 2,400-acre National Nature Reserve. From Tamworth take the A453 road to Sutton Coldfield. After the black railway bridge in Tamworth Road continue to the top of the hill and turn right at the traffic lights onto A5127, Lichfield Road. Take the third road on the left, Blackroot Road. Follow the road until you reach Hartopp Gate on the left, which takes you into Sutton Park. Turn right when inside the gate. Follow the road and take the first turning on the left. Park in the car park. Free parking.

This gently paced amble in the beauty and peace of Sutton Park will be led by Jane Ellis and Eve Rowe. Meet in the car park outside Blackroot Bistro. The Bistro is open from 8.45am serving hot drinks and breakfasts.

The amble begins on a level road which becomes gently upward sloping. Please drop into single file if there are cars passing. We will then walk off-road through gently downward sloping woodland to Blackroot Lake. The woodland paths are constructed of gravel. There are also grassy areas and coverings of fallen leaves. Walking boots best. Blackroot Lake has level paths and there are benches where you may like to pause for a while and admire the view. From the lake we return to the car park and Bistro via steps, or if preferred via a gently sloping road.

The lunch venue is Blackroot Bistro, known for its good food and natural setting. In addition to beverages and cold drinks are a selection of wines, plus canned Guinness, Strongbow and Peroni. Seating inside and outside. See the breakfast and lunch menu on <https://blackrootbistro.co.uk/> Everyone welcome.

Looking forward to seeing you.

Chris Parkes

Ambling Group Leader

29th September 2026